

# BAC November 2018 Benefits Insight Newsletter

Hi,

Welcome to the November 2018 edition of the BAC Benefits Insight Newsletter.

This month, we have a step by step guide for your employees on planning for retirement, a strategic plan on setting up an employee communication campaign and a webinar presentation on the top 11 employment laws your employees need to know.

Please let us know what you think. We love hearing from you and hope you have some feedback so we can bring you exactly what you want in these monthly newsletters.

Also, just a reminder that our new BAC website is mobile friendly, so your employees can log in to their flex or retirement accounts from their phones or tablets with ease. [Take a look here](#)

Enjoy the articles below and we look forward to hearing your questions and feedback.

Thank you,

Tim C. Hill  
Founder & Managing Principal  
Benefit Administration Company



## **New Blog Post**

Why a Benefit Communication Plan is the Backbone of Your Business

What are the Top 11 Employment Laws Your Employees Need to Know?

## **New Webinar**

What are the Top 11 Employment Laws Your Employees Need to Know



## **New Blog Post**

Planning for Retirement? Here's What You Should Know

### **LIVE WELL, WORK WELL | NOVEMBER 2018**



## **Live Well, Work Well Newsletter - November 2018**

The Live Well, Work Well newsletter is an employee newsletter that is produced monthly and covers topics like health, wellness, fitness, nutrition and personal finance. This month's issue discusses how removing meat from your diet may improve your health, offers tips for practicing mindfulness and details how you can makeover your favorite holiday recipes.

[Download now](#)

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